



***“CHANGE - It can't happen quickly!
Let's start with our ourselves...”***

We call it “***change management***” today!

The change we want can't come soon enough. But we forget about a lot of factors around us, and we especially forget about ourselves here.

When we are in the middle of our daily working life, it's often not only a physical burden but a spiritual, “internal” one because we spend 24 hours a day thinking about our job and our responsibilities. It's hard to escape from this “***emotional trap***”, but it is possible. We have to start with ourselves and work on ourselves and our centre. Our environment also plays an important role here.

Harmonising family and co-workers with our inner peace.... Is that possible? And more importantly, how do we do it?

“Work-life balance” is a worn-out phrase, which sounds good but is no longer workable.

TIME is the biggest challenge. Time to do something good for ourselves and time for change. It can't happen quickly. We often underestimate time and put ourselves under even more pressure.

FREE TIME – Does it still exist?

Our fast-paced life with the internet, social media, emails, mobile phones etc. often make our lives more difficult than easy.

TODAY is the perfect day to make decisions.

Ultimately it's the dreamers not the bean counters who change the world!

“Courage to change” - it really means “courage to be yourself”...



Thomas Wollner

Born on 9 May 1972 in Salzburg

Speaker | Moderator | Coach

Managing Director of the Rosenberger Group

Educated by the body-language experts at the RTL Group

Expert for personal image | appearance & impact | body language | language | nervousness & stage freight | complaint management

Keynote presentations

- "Make an impact: Success through your appearance and performance"

- "Criticism: The customer's weapon of the 21st century"

Client testimonials

"According to customer feedback, Thomas Wollner was 'the speaker of the evening'. The reason is that he pairs authentic stories from real-world situations with humour and a really sympathetic manner really well. Really great!"

Reinhold Lindmoser

Sales Manager for Catering at Red Bull

"THANK YOU! My employees and I were delighted with your presentation. Not only was the content interesting, the way you presented it was fantastic. THANK YOU! And see you next time (very soon!)"

Thomas Zembacher

Managing Director Österreichischer Wirtschaftsverlag GmbH

"Your keynote far exceeded our expectations. It was exciting, interesting and very entertaining. I've heard a lot of presentations, but yours was by far the most inspiring, Mr. Wollner."

Philip von Reden-Lütcken

Marketing Director Porsche Central Eastern Europe

All the best,

Thomas Wollner